

Lactancia Materna y destete: Evidencia científica

[When to wean: biological versus cultural perspectives.](#)

Dettwyler KA.

Clin Obstet Gynecol. 2004 Sep;47(3):712-23. doi: 10.1097/01.grf.0000137217.97573.01

[The cost of not breastfeeding: global results from a new tool.](#)

Walters DD, Phan LTH, Mathisen R.

Health Policy Plan. 2019 Jul 1;34(6):407-417. doi: 10.1093/heapol/czz050.

[Long-term effects of breastfeeding-a systematic review.](#)

Horta BL, Victora CG.

Geneva: World Health Organization; 2013.

[The long-term effects of breastfeeding on child and adolescent mental health: a pregnancy cohort study followed for 14 years.](#)

Oddy WH, Kendall GE, Li J, Jacoby P, Robinson M, de Klerk NH, Silburn SR, Zubrick SR, Landau LI, Stanley FJ.

J Pediatr. 2010 Apr;156(4):568-74. doi: 10.1016/j.jpeds.2009.10.020

[Support for healthy breastfeeding mothers with healthy term babies](#)

McFadden A, Gavine A, Renfrew MJ, Wade A, Buchanan P, Taylor JL, Veitch E, Rennie AM, Crowther SA, Neiman S, MacGillivray S.

Cochrane Database of Systematic Reviews 2017, Issue 2. Art. No.: CD001141.

[Optimal breastfeeding practices and infant and child mortality: a systematic review and meta-analysis](#)

Sankar MJ, Sinha B, Chowdhury R, Bhandari N, Taneja S, Martines J, Bahl R.

Acta Paediatrica. 2015; 104: 3-13.

[Long-term consequences of breastfeeding on cholesterol, obesity, systolic blood pressure and type 2 diabetes: a systematic review and meta-analysis](#)

Horta BL, Loret de Mola C, Victora CG.
Acta Paediatrica. 2015; 104: 30–37.

[The association between breastfeeding and childhood obesity: a meta-analysis](#)

Yan J, Liu L, Zhu Y, Huang G, Wang PP.
BMC Public Health. 2014; 14:1267.

[Systematic review and meta-analyses of risk factors for childhood overweight identifiable during infancy](#)

Weng SF, Redsell SA, Swift JA, Yang M, Glazebrook CP.
Archives of Disease in Childhood. 2012; 97(12):1019-26.

[Association between breastfeeding and intelligence, educational attainment, and income at 30 years of age: a prospective birth cohort study from Brazil.](#)

Victora CG, Horta BL, de Mola CL, Quevedo L, Pinheiro RT, Gigante DP, et al.
The Lancet Global Health. 2015;3(4):e199-e205.

[Breastfeeding and intelligence: a systematic review and meta-analysis](#)

Horta BL, Loret de Mola C, Victora CG.
Acta Paediatrica. 2015; 104: 14-9.

[Effect of breastfeeding on malocclusions: a systematic review and meta-analysis.](#)

Peres KG, Cascaes AM, Nascimento GG, Victora CG.
Acta Paediatrica. 2015;104(S467):54–61.

[Short-term effects of breastfeeding—a systematic review on the benefits of breastfeeding on diarrhoea and pneumonia mortality.](#)

Horta BL, Victora CG.
Geneva: World Health Organization; 2013.

[Breastfeeding and childhood acute otitis media: a systematic review and meta-analysis.](#)

Bowatte G, Tham R, Allen KJ, Tan DJ, Lau M, Dai X, Lodge CJ.
Acta Paediatrica. 2015; 104(S467):85–95.

[Support for breastfeeding is an environmental imperative](#)

Joffe Naomi, Webster Flic, Shenker Natalie.
BMJ 2019; 367 :l5646

[Potential economic impacts from improving breastfeeding rates in the UK](#)

Pokhrel S, Quigley MA, Fox-Rushby J, McCormick F, Williams A, Trueman P, et al.
Arch Dis Child. 2015; 100(4):334-40.

[Cost effectiveness analysis of strategies for child health in developing countries](#)

Edejer TT, Aikins M, Black R, Wolfson L, Hutubessy R, Evans DB.
BMJ. 2005; 331(7526):1177.

[Breastfeeding and maternal health outcomes: a systematic review and meta-analysis](#)

Chowdhury R, Sinha B, Sankar MJ, Taneja S, Bhandari N, Rollins N, et al.
Acta Paediatrica. 2015; 104: 96–113.

[Does infant feeding method impact on maternal mental health?](#)

Xu F1, Li Z, Binns C, Bonello M, Austin MP, Sullivan E.
Breastfeed Med. 2014 May;9(4):215-21. doi: 10.1089/bfm.2013.0142. Epub 2014 Mar 12.

[Breastfeeding duration and postpartum psychological adjustment: role of maternal attachment styles.](#)

Akman I1, Kuscu MK, Yurdakul Z, Ozdemir N, Solakoğlu M, Orhon L, Karabekiroğlu A, Ozek E.
J Paediatr Child Health. 2008 Jun;44(6):369-73. doi: 10.1111/j.1440-1754.2008.01336.x

[The effect of feeding method on sleep duration, maternal well-being, and postpartum depression.](#)

Kendall-Tackett, K. A., Cong, Z., & Hale, T. W. (2011).
Clinical Lactation, 2(2), 22-26.

[The relationship between infant-feeding outcomes and postpartum depression: A qualitative systematic review.](#)

Dennis, C.-L., & McQueen, K. (2009).
Pediatrics, 123, e736-e751

[Breastfeeding increases sleep duration of new parents.](#)

Doan, T., Gardiner, A., Gay, C. L., & Lee, K. A. (2007).
Journal of Perinatal & Neonatal Nursing, 21(3), 200-206.